

Be Ready to Roll

Keep in mind - the area that you are going to assist in will probably be without power/heat, water and telephone services. Also, most business in the area will not be open due to the emergency, so keep this stuff packed and ready to roll.

Kit One - Radio Bag

- ❑ **Your GCARES ID** - and be sure to have your Drivers license with you as well.
- ❑ 1 or more HT's, at least 1 Dual Band is recommended.
- ❑ The dry cell battery pack and 2 extra sets of batteries. *(It is easier to find a store selling alkaline batteries enroute than a place to plug in your charger for 6 hours in a disaster. Remember, - no power. The batteries can be rotated out of the kit semi-annually)*
- ❑ BNC,SMA,PL-250, SO-239 adapters for your set-up to connect to a mag mount antenna
- ❑ The car charger cord for your HT's.
- ❑ A copy of your radio manual or a cheat sheet. (make this up ahead of time)
- ❑ A headset w/ mike - can keep both hands free - consider a noise canceling mike.
- ❑ A notebook / logbook and clipboard.
- ❑ Several pens and pencil's, (they always seem to disappear.)
- ❑ Your "favorite" pain relievers - aspirin / Tylenol / Advil / sinus / Roloids / Chap stick / hand cream / throat lozenges / Imodium / sun block / mosquito repellent / etc*.
- ❑ Any prescribed medications.- *(Most non-refrigerated medications have a shelf life of up to 12 to 18 months. You can safely keep a 2-3 day supply in a small bottle in your kit and rotate them thru about every 6 months. Keep your kit in a cool dry location** Check with your Doctor or Pharmacist about your particular prescriptions.) Ed Determine the number of hours / days your jump-kit is set-up for and plan for how many of each type of OTC and RX medications you will need.*
- ❑ A multi-tool like Gerber or Leatherman or a Swiss Army knife. Get a good one. Lesser brands are not reliable.
- ❑ Any special size tools your radio uses like tiny screwdrivers, etc.
- ❑ A GOOD flashlight! AND Extra batteries! *(I recommend either NOT keeping the batteries in the flashlight, or placing a piece of wax paper over one of the batteries. Flashlights have a habit of turning themselves on in the bag and burning out the first set of batteries.)*
- ❑ A "Top Spot" "Head light" that mounts on your head or clips on a hat. ¹
- ❑ A couple of Snacks / Chewing Gum etc.
- ❑ 1 or 2 bottles or water or Juice
- ❑ \$\$\$CASH\$\$\$! If the phone lines are out, ATM Machines and online charge / bank card terminals may not work either

Oversized Items

These Items won't fit in a small bag, but can be kept in a box- marked- and Ready to Roll.

- ❑ Your GCARES Binder.²
- ❑ Mag-mount antenna(s) for your radio(s)
- ❑ Don't laugh - a Pizza Pan. - works great as a portable ground plane on 5/8 wave 2 meter magnetic mount antenna's. This way, if your assigned an inside post, you don't have to keep running out to your vehicle.
- ❑ A green or orange day-glow vest imprinted with "Emergency Communications" for visibility and identification / recognition.
- ❑ A Hardhat. It may be a requirement to have one at your post.
- ❑ Magnetic "Amateur Radio Communications" signs - identifies your vehicle.
- ❑ Jumper cables.
- ❑ A serious First Aid Kit.³
- ❑ Battery operated AM/FM radio or mini AM/FM radio / TV.
- The perishable items can be replenished a couple of times a year to prevent batteries or medications from becoming stale. Prescription and OTC drugs usually have a shelf life up to 18 to 24 months.

**Brand names listed here are registered trademarks of the respective companies.*

Being listed here is not a recommendation of any particular product, but simply used as examples.

*** This information comes from the author's 18 years experience working in the Pharmacy industry. As always, talk with your Doctor or Pharmacist about your particular prescriptions.*

¹ For product suggestions, go to N8ACU web site @ <http://www.qsl.net/n8acu/products.htm>

² GCARES Binder -See recommended contents @ <http://gcares.febo.com/binder.htm>

³ For detailed suggested list, go to GCARES site @ <http://gcares.febo.com/firstaidkt.htm>

Downloaded from GCARES web site <http://gcares.febo.com/jumpkit.htm>

This list updated 3/20/04

- de N8ACU

Kit Two - Personal Comfort.

4 to 12 hours service

This kit should be an integral part of your basic Jump-Kit.

- More Snacks. (Little Debbie's, pudding cups, fruit cups, Handi-packs etc.and Gum).
- Water and juice or Gatorade. (Too much water can flush out your electrolytes.)
- Wet Wipes./ Towelettes,
- Small rags or small towel.
- A pair of Rugged gloves (you don't know what you're going to get into)
- An extra sweatshirt or jacket.
- A baseball cap and/or ski hat
- Extra sox.
- Rugged Boots for outdoor work. Comfortable shoes for indoor work
- An umbrella, and / or rain suit
- Toilet Paper - You never know.
- A portable chair - (folding lawn type)

In the event you are stationed in one location for a long period of time

Kit Three -Extended Stay 72 Hours

Shelter Provided

This kit presumes that your overnight stay will have at least primitive indoor lodging.

Grab your Radio Chargers for this trip!

- MORE CASH!
- 2 or 3 changes of clothes - (3 days stay away from home)
- Toiletries - Shaver, soap, Tooth brush and paste, Shampoo, eyeglass / contact lens cleaner, etc)
- A Wind-Up Alarm Clock
- Backpack / belt pack- /"Fanny Pak" to carry some supplies with you in a field trek from "base"
- A warm blanket
- Sleeping Bag
- Pillow
- More Batteries. (The radio kit above is designed to last up to 12 hours, not 3 days. Get More)
- Extra Flashlight (Again--- More Batteries)
- A Propane Camp Light (Coleman Type)
- 2 or more extra mantles for the propane lantern (They are fragile!)
- 1 or 2 extra cans of propane - Pack Safely!
- 50 ft. extension cord
- Multi outlet power strip
- A small electric desk lamp.

***I GOT THIS LIST FROM THE
GCARES WEB SITE!***